

# BREAKFAST MENU

Tuesday-Friday 9-11



## FILL UP

|   |      |
|---|------|
| <b>Spinach Croissant</b><br>Buttery pastry filled with spinach and ricotta cheese   | 5.50 |
| <b>Ham &amp; Cheese Croissant</b><br>Buttery pastry filled with ham and Swiss cheese  | 5.50 |
| <b>Chocolate Croissant</b><br>Buttery pastry filled with semisweet chocolate  | 4    |
| <b>Quiche</b><br>Bacon, Ham & Cheddar or Mushroom, Spinach & Goat cheese  | 6.50 |
| <b>Authentic NY Bagels (Rated Top 20 Nationwide)</b><br>Everything * Plain * Poppy * Sesame Seed<br>Cinnamon Raisin * Blueberry * French Toast<br>Served with Boars Head cream cheese or honey butter on the side | 3    |

|  |   |
|--|---|
| <b>Artisan Scones</b><br>Blueberry * Cinnamon * Cranberry Orange                               | 4 |
| <b>Sweet Breads</b><br>Coffee Cake * Lemon * Chocolate Marble * Orange Poppy                   | 5 |
| <b>Lemon Bar</b>   | 4 |
| <b>Blueberry Lemon Yogurt filled Muffin</b>  | 4 |
| <b>Chewy Marshmallow Bar</b>   | 4 |
| <b>Croissant</b><br>Fresh Baked, served with honey butter on the side                          | 3 |
| <b>Greek Yogurt Parfait</b><br>Vanilla or Plain, served with almond oat crunch and fresh fruit | 6 |

# COFFEE BAR

Monday-Saturday 9-4

## WAKE UP

|   |             |
|---|-------------|
| Cappuccino  | 3.50/4/4.50 |
| Latte   | 3.50/4/4.50 |
| Mocha   | 4/4.50/5    |
| Spanish Latte   | 4/4.50/5    |
| Caramel Macchiato   | 4/4.50/5    |
| Americano   | 3/3.50/4    |
| Espresso  | 2/3         |
| <i>Syrup .75 extra shot .75 oat/almond milk 1.50 whip .50</i> |             |
| House Brew  | 1.50/2/2.50 |
| Chai Latte  | 4/4.50/5    |
| Cold Brew   | 5           |
| Nitro   | 6           |
| Hot Chocolate   | 3/3.50/4    |
| Fruit Tea   | 4           |

## SMOOTHIES 100% crushed fruit 6

Mango and Veggie \* Peach Pear Apricot \* Tropical Sunshine  
 Acia Plus \* Strawberry \* Mango \* Blueberry Banana  
 Wild Cherry Cranberry \* Banana

**Add-ins \$1**  
 Whey protein \* Collagen \* PB Fit \* Fiber \* Super Greens  
 Pea Protein 1.50

## FRAPPE 6

Mocha \* Vanilla Latte \* Coffee Toffee \* Cookies n Cream  
 Vanilla Bourbon Cream (caffeine free)  
 Add a shot .75

# SATURDAY BREAKFAST MENU

Saturday 9-11

## FILL UP

|   |      |
|---|------|
| <b>The Italian Job Breakfast Bagel</b><br>An authentic NY Everything bagel with our house made pesto, pepperoni, salami, ham, bacon, chipotle gouda and a fried egg   | 12   |
| <b>Vermont Breakfast Bagel</b><br>A delicious NY French Toast bagel with egg, sausage, Bacon and pure Vermont maple syrup drizzle   | 12   |
| <b>Breakfast Sandwich</b><br>Egg, cheese, spinach, tomato and sriracha on your choice of Wrap, Croissant, NY Bagel or English Muffin<br>Add bacon, sausage or ham 1.50  | 9    |
| <b>Spinach Croissant</b><br>Buttery pastry filled with spinach and ricotta cheese   | 5.50 |
| <b>Ham &amp; Cheese Croissant</b><br>Buttery pastry filled with ham and Swiss cheese  | 5.50 |
| <b>Authentic NY Bagels (Rated Top 20 Nationwide)</b><br>Everything * Plain * Poppy * Sesame Seed<br>Cinnamon Raisin * Blueberry * French Toast<br>Served with Boars Head cream cheese or honey butter on the side | 3    |

|  |      |
|--|------|
| <b>Quiche</b><br>Bacon, Ham & Cheddar or Mushroom, Spinach & Goat cheese                       | 6.50 |
| <b>Chocolate Croissant</b><br>Buttery pastry filled with semisweet chocolate                   | 4    |
| <b>Artisan Scones</b><br>Blueberry * Cinnamon * Cranberry Orange                               | 4    |
| <b>Sweet Breads</b><br>Coffee Cake * Lemon * Chocolate Marble * Orange Poppy                   | 5    |
| <b>Lemon Bar</b>   | 4    |
| <b>Blueberry Lemon Yogurt filled Muffin</b>  | 4    |
| <b>Chewy Marshmallow Bar</b>   | 4    |
| <b>Croissant</b><br>Fresh Baked, served with honey butter on the side                          | 3    |
| <b>Greek Yogurt Parfait</b><br>Vanilla or Plain, served with almond oat crunch and fresh fruit | 6    |