



LUNCH MENU Tuesday-Saturday 11-4

APPETIZERS

Yada Pretzel	9
Fried Pretzel, salted, served with bourbon mustard	
Peppa Bites	9
5 of our signature Peppamento cheese bites, breaded and fried, served with house made strawberry pepper jam	
Halloumi Cheese	10
Fried Halloumi Cheese, Pomegranate infused honey drizzle, topped with pomegranate seeds & fresh basil	
6 Wings	10
Buffalo, Sweet Thai Chili, Garlic Parmesan	
Parmesan Truffle Fries	9
A Bowl of our house made fries tossed in truffle oil and parmesan	
Meatball Bowl	9
House made meatballs & Pomodoro sauce topped with parmesan	

ENTREES

Side included

Eggplant Parmesan Hero	13
Hand breaded eggplant, fried, house marinara, roasted tomatoes, mozzarella, provolone served on a hoagie roll	
Chicken Parmesan Hero	15
Hand breaded chicken breast, fried, house marinara, roasted tomatoes, mozzarella, provolone served on a hoagie roll	
Burrata Caprese Sandwich	15
Fresh creamy Burrata, roasted tomatoes, house made pesto, balsamic drizzle served on a toasted rustic roll	
BLT	11
Toasted sourdough bread, applewood smoked bacon, spring mix & tomatoes	
The Italian Job	12
Fresh Top 20 NY Everything Bagel with our house made pesto, topped with pepperoni, salami, ham, bacon, chipotle gouda and sliced tomato	
Southwestern Chicken Quesadilla	11
Garlic and herb wrap filled with black beans, corn, salsa, Freshly grated cheddar and chicken with sour cream on the side	
Cuban	13
Rustic sourdough hoagie, spicy brown mustard, ham, salami, roasted pork tenderloin, pickles and Swiss cheese	

Pastrami	13
Marbled rye with thin slices of steamed pastrami topped with Caramelized onions, Swiss and house made 1000 island dressing	
The Vermont	11
Rustic roll, mango habanero sauce, maple glazed turkey, slivered almonds, cranberries, caramelized apples and muenster cheese	
Meatball Hero	12
Sliced meatballs covered with Pomodoro sauce and topped with Provolone cheese	
Grilled Cheese	9
American cheese on wheat or sourdough bread with cheddar, Muenster, smoked gouda or chipotle gouda <i>Add bacon, ham or turkey 1.50</i>	
Turkey Bacon Ranch Wrap	11
Garlic & herb wrap, roasted turkey, crispy bacon, provolone, mixed greens topped with creamy ranch dressing	
Teriyaki Wrap	11
Spinach wrap, provolone cheese, cabbage and carrot slaw, topped with chicken and teriyaki dressing	
Chicken Salad	12
Hand shredded chicken in a Greek yogurt and mayo base with cranberries, pecans and green apples served on a butter croissant	
Egg Salad	8
Keeping it simple with mayo, yellow mustard, salt and pepper served on a butter croissant	

SIDES

<i>Fries</i>	<i>* Sunshine Salad</i>	<i>* Pasta Salad</i>	<i>* Asian Chicken Salad</i>
	<i>Broccoli Crunch(w/bacon)</i>	<i>* Potato Salad(w/bacon)</i>	
	<i>Parmesan Truffle Fries</i>	<i>+5</i>	
	<i>Side salad</i>	<i>+3.50</i>	
	<i>Cup of soup</i>	<i>+2</i>	<i>* Bowl of soup +4</i>

Pick Two	8
Half grilled cheese * cup of soup * side salad	
Soup of the day	cup 4.50 /bowl 6

DESSERT

Affogato	8	Tiramisu	11
Chocolate Layer Cake		12	